



Endocrine Pharmacology

Effects of 17 β -estradiol on expression of muscarinic acetylcholine receptor subtypes and estrogen receptor α in rat hippocampusCamila Castellan Cardoso^a, Victor Proença Ricardo^c, Roberto Frussa-Filho^c, Catarina Segreti Porto^b, Fernando Maurício Francis Abdalla^{a,*}^a Laboratory of Pharmacology, Instituto Butantan, Brazil^b Section of Experimental Endocrinology, Department of Pharmacology, Universidade Federal de São Paulo – Escola Paulista de Medicina, Brazil^c Department of Pharmacology, Universidade Federal de São Paulo – Escola Paulista de Medicina, Brazil

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ABSTRACT

The aim of the present study was to investigate the effects of 17 β -estradiol on expression of muscarinic acetylcholine receptor subtypes (M_1 to M_5) and estrogen receptor α , in the rat hippocampus. Hippocampi were obtained from rats in proestrus, rats ovariectomized for 15 days, rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days, and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days. Expression of M_1 to M_5 was increased in hippocampi of rats ovariectomized for 15 days compared to rats in proestrus. Although this effect was abolished when replacement with 17 β -estradiol started immediately after ovariectomy, the increased expression of M_1 , M_3 and M_5 receptor subtypes was unchanged when replacement with 17 β -estradiol started only 15 days after ovariectomy. The expression of estrogen receptor α in the hippocampus was also upregulated after ovariectomy when compared to rats in proestrus. This effect was abolished when 17 β -estradiol was replaced immediately after ovariectomy, and slightly reduced when the replacement started 15 days after ovariectomy. The replacement with estrogen also had beneficial effects on cognitive function, as suggested by data obtained in the plus-maze discriminative avoidance task. In conclusion, the present results provide evidence that 17 β -estradiol regulates the expression of muscarinic acetylcholine receptor subtypes and estrogen receptor α . The immediate replacement with estrogen seems critical to restore the expression of these receptors after hormonal deprivation. The understanding of the regulation of expression and intracellular signaling of the muscarinic acetylcholine receptor subtype M_1 and the estrogen receptor α may be helpful to elucidate the mechanisms involved in changes of cognitive function in postmenopausal women and in neurodegenerative diseases.

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1. Introduction

Muscarinic acetylcholine receptors are widely expressed throughout the central nervous system (reviewed in Levey, 1993; Levey et al., 1995; Oki et al., 2005; Langmead et al., 2008). The predominant muscarinic acetylcholine receptor in the central nervous system is the M_1 subtype, which is expressed post-synaptically in the cortex, hippocampus, striatum and thalamus (Wei et al., 1994). M_2 muscarinic acetylcholine receptors are expressed predominantly in the brainstem and thalamus, but they are also found in cholinergic synaptic terminals in the cortex, hippocampus and striatum (Rouse et al., 1997), where they control acetylcholine release. M_3 and M_5 are expressed at much lower levels than M_1 or M_2 muscarinic acetylcholine receptors in the central nervous system, and M_3 subtype is mainly

found in the cortex and hippocampus (Wei et al., 1994), whereas a very discrete localization of M_5 is found in the substantia nigra (Viláró et al., 1990; Wei et al., 1994). M_4 muscarinic acetylcholine receptor is present in several regions of the brain, including the cortex and hippocampus, but its expression is more prominent in the striatum (Wei et al., 1994), where it contributes to control dopamine release and locomotor activity.

The role of each muscarinic acetylcholine receptor in hippocampal function remains to be explored (reviewed in Levey et al., 1995; Oki et al., 2005; Langmead et al., 2008). Pharmacological evidence suggests that the M_1 muscarinic acetylcholine receptor mediates the effects of acetylcholine on cognition (Coyle et al., 1983; Mash et al., 1985; Quirion et al., 1989), hippocampal synaptic plasticity (Berkeley and Levey, 2003; Shinoe et al., 2005) and neuronal excitability (Young et al., 2005). Thus, acetylcholine and other neurotransmitters may play an important role in cognitive processes (reviewed in Friedman, 2004).

Estrogen receptors α and β (ER α and ER β) are present in the dendrites of hippocampal CA1 and CA3 neurons (Shughrue et al.,

* Corresponding author. Laboratory of Pharmacology, Instituto Butantan, Av. Vital Brazil 1500, São Paulo, SP, 05503-900, Brazil. Tel./fax: +55 11 3726 7222.

E-mail address: fabdalla@butantan.gov.br (F.M.F. Abdalla).

1997; Shughrue and Merchenthaler, 2000; Adams et al., 2002; Mitra et al., 2003; Hojo et al., 2008). The expression of ER α in the hippocampal dendrites spines of rats in proestrus is higher than in diestrus and in males (Romeo et al., 2005). Ovariectomy (48 days) down-regulates ER α expression (Jin et al., 2005). Premarin, a conjugated equine estrogen (treatment started 12 days after ovariectomy), down-regulates ER α expression and does not affect ER β expression in the hippocampus and cortex. On the other hand, Progynova (estradiol valerate) up-regulates ER β and does not affect ER α expression in hippocampus and cortex (Jin et al., 2005).

In vitro (Yokomaku et al., 2003; Kretz et al., 2004) and *in vivo* studies (Woolley and McEwen, 1992, 1993, 1994; Day and Good, 2005) have shown that estrogen modulates the synaptic function in the hippocampus (reviewed in McEwen, 2002; Toran-Allerand, 2005; Cornil et al., 2006). Furthermore, brain-derived estradiol may rapidly modulate several different types of synaptic plasticity of neurons, spinogenesis and synaptic transmission, including long-term depression and long-term potentiation (reviewed in Hojo et al., 2008). Recently, a novel G-protein-coupled estrogen receptor (GPER) has been detected in hippocampal neurons (Brailoiu et al., 2007), and further investigation may reveal the contribution of this receptor to the rapid modulation of synaptic plasticity by 17 β -estradiol.

Neuromodulatory actions of 17 β -estradiol have been investigated in the hippocampus (Woolley and McEwen, 1992, 1994; Bi et al., 2000; Shibuya et al., 2003). Furthermore, estrogen receptors colocalize with muscarinic acetylcholine receptors and nicotinic receptors in cultured hippocampal neurons of rat (Hosli and Hosli, 1999). We have previously shown that 17 β -estradiol modulates the expression and function of muscarinic acetylcholine receptors in the rat hippocampus (Cardoso et al., 2004; Pereira et al., 2008). The muscarinic acetylcholine receptors in the hippocampus of ovariectomized (15 days) rats are upregulated when compared to rats in proestrus. This effect is abolished by 17 β -estradiol replacement immediately after ovariectomy, and it is slightly reduced when 17 β -estradiol treatment starts 7 days after ovariectomy (Cardoso et al., 2004). Furthermore, 17 β -estradiol also modulates the activation of phospholipase C β and the hydrolysis of phosphoinositides mediated by muscarinic acetylcholine receptor agonist (Pereira et al., 2008). Whereas treatment with 17 β -estradiol initiated soon after ovariectomy improves working memory in middle-aged rats, treatment initiated after prolonged periods of estradiol deprivation (5–10 months) seems to have little effect (Gibbs, 2000a; Daniel et al., 2006). Taken together, these findings suggest that there is a critical period to initiate the estrogen therapy and preserve the expression of muscarinic acetylcholine receptors and cognitive function.

Although we have previously found that 17 β -estradiol regulates the expression and function of hippocampal muscarinic acetylcholine receptors (Cardoso et al., 2004; Pereira et al., 2008), the mechanisms underlying the effects of estrogen on these receptors remain to be explored. Thus, the aim of this study was to investigate the effects of estrogen deprivation and estrogen replacement on expression of each muscarinic acetylcholine receptor subtype and on expression of the estrogen receptor α . In addition, the effects of estrogen deprivation and estrogen replacement on cognition were analyzed using the plus-maze discriminative avoidance task, a behavioral paradigm that independently evaluates memory, anxiety and motor activity.

2. Materials and methods

2.1. Animals and treatments

Female Wistar rats, 4 months old, were maintained on a 12 h light, 12 h dark schedule, at 22 °C, with food and water *ad libitum*. The experimental procedures were conducted according to the guidelines for the care and use of laboratory animals approved by the Research Ethical Committee from Instituto Butantan.

Experimental groups included the following: rats in proestrus (control), rats ovariectomized for 15 days, rats ovariectomized for 15 days and then treated with 17 β -estradiol benzoate (50 μ g/kg, s.c., every other day for 7 days), and rats ovariectomized and immediately treated with 17 β -estradiol benzoate (50 μ g/kg, s.c. every other day for 21 days). The final injection of 17 β -estradiol was given one day before euthanasia. These experimental groups were chosen based on a previous study from our laboratory, which demonstrated a time-dependent increase in the number of muscarinic acetylcholine receptors in the hippocampus after ovariectomy when compared to control rats in proestrus, with a maximum increase after 15 days of ovariectomy (Cardoso et al., 2004). The replacement with estradiol for 21 days immediately after ovariectomy avoided this effect, but treatment with estradiol for 7 days after 15 days of ovariectomy only slightly changed the number of muscarinic acetylcholine receptors in the hippocampus. Our results are in accordance to others in the literature, which show that the beneficial effects of estrogen replacement on cholinergic and cognitive function are only observed if initiated within a set period of time (Gibbs, 1997, 1998, 2000b; Daniel et al., 2006).

Vaginal smears were taken for histological determination of estrous cycle (Everett, 1948) between 08:00 a.m. to 09:00 a.m., and the animals were immediately sacrificed by decapitation to isolate the hippocampus. Rats that showed at least two consecutive 4 or 5 day cycles were used in all subsequent experiments. In diestrus, the estradiol level gradually increases during the day, and reaches peak levels at 06:00 a.m. proestrus. Progesterone level is low from 12:00 a.m. of diestrus to 02:00 p.m. of proestrus, and peak by 10:00 p.m. on proestrus (Nequin et al., 1979). Thus, rats in proestrus used in this study present high levels of 17 β -estradiol and low levels of progesterone.

Preliminary experiments with tissues from sham-operated rats or animals injected with vehicle (ethanol and soybean oil, 1:10 v/v) were also tested as controls. Since no significant changes were observed when these two experimental groups were compared to control (rats in proestrus), all subsequent experiments were performed with tissues from rats in proestrus as control.

2.2. Immunoprecipitation assays for detection of mAChR subtypes

2.2.1. Membrane preparation

Hippocampi were isolated from all experimental groups, minced and homogenized in 25 mM Tris–HCl, pH 7.4 (containing 0.3 M sucrose, 5 mM MgCl₂, 1 mM EDTA and 1 mM PMSF) at 4 °C, with an Ultra-Turrax homogenizer. Membrane preparation was obtained as previously described (Maróstica et al., 2001; Cardoso et al., 2004). Protein concentration was determined according to Bradford (1976). Uterus, heart, submandibular gland and striatum membranes were also obtained from all experimental groups and the membrane preparations were obtained as described above.

2.2.2. Receptor labeling, solubilization and immunoprecipitation

Muscarinic acetylcholine receptors present in the membranes were radiolabeled with 2 nM of [³H]Quinuclidinyl benzilate ([³H]QNB) (specific activity 43 Ci/mmol), a subtype-nonspecific antagonist with a high affinity and very slow dissociation. Briefly, membrane preparation (100 μ g, in duplicate) was incubated with 2 nM [³H]QNB (maximum binding obtained in saturation binding experiments, reported by Cardoso et al., 2004) in the absence (total binding) and presence of 1 μ M atropine (nonspecific binding) for 1 h at 30 °C (Cardoso et al., 2004). The specific binding was calculated as the difference between the total and nonspecific binding. After incubation, the binding reaction was stopped by cooling on ice and rapid filtration through GF/B glass fiber filter (Whatman International Ltd, Maidstone, UK) under vacuum. The filters were washed three times with the ice-cold buffer, partially dried under vacuum, and placed in

scintillation vials containing OptiPhase HiSafe 3 (Perkin Elmer, Loughborough Leics., UK). The amount of radioactivity was determined in scintillation β -counter (LS 6500 IC, Beckmann, USA).

In another series of experiments, membrane preparation (100 μ g, in duplicate) was incubated with 2 nM [3 H]QNB in the absence (total binding) and presence of 1 μ M atropine (nonspecific binding) for 1 h at 30 °C. [3 H]QNB-receptors were solubilized with digitonin and sodium deoxycholate (Shiozaki et al., 1999; Myslivecek et al., 2008) in 25 mM Tris-HCl, pH 7.4 (containing 5 mM MgCl₂, 0.1% sodium deoxycholate, 1 mM EDTA and 1 mM PMSF) for 1 h at 4 °C. After that, 1.0% digitonin was added. The sample was incubated for 15 min at 4 °C and centrifuged at 15,000 \times g for 20 min at 4 °C. The supernatant, containing the solubilized receptors, was collected and the amount of radioactivity was determined.

The supernatant, containing the solubilized receptors, was also immunoprecipitated by subtype-specific antibodies. The supernatant (100 μ l), containing solubilized receptors, was incubated with 0.5 μ g of polyclonal antibodies raised against rabbit muscarinic acetylcholine receptor subtypes [M₁ (H-120, sc 9106), M₂ (H170, sc 9107), M₃ (H210, sc 9108) M₄ (H175, sc 9109) and M₅ (H-197, sc 9110), Santa Cruz Biotechnology, CA, USA] (specific) or with IgG (nonspecific) (Sigma Co, MO, USA) in 25 mM Tris-HCl, pH 7.4 (containing 5 mM MgCl₂, 0.1% sodium deoxycholate, 1 mM EDTA and 1 mM PMSF) for 4 h at 4 °C. After this incubation, 20 μ l of Pansorbin (Calbiochem, CA, USA) was added and incubated under agitation for 1 h at 4 °C and then centrifuged at 15,000 \times g for 10 min (Shiozaki et al., 1999). The pellet was washed with 200 μ l Tris-HCl, pH 7.4 (containing 5 mM MgCl₂, 1 mM EDTA and 1 mM PMSF), and centrifuged again at 15,000 \times g for 10 min. The amount of radioactivity was determined in 50 μ l Pansorbin deposit ([3 H]QNB-subtype-specific antibodies) (total) or Pansorbin deposit ([3 H]QNB-IgG) (nonspecific). The specific immunoprecipitation (difference between the total and nonspecific) was determined and the results were expressed as fmol/mg protein.

The percentage of specific immunoprecipitation for each muscarinic acetylcholine receptor subtype was calculated by the ratio between the [3 H]QNB counting in the Pansorbin pellet and the total counting (counting of supernatant and Pansorbin pellet) (Shiozaki et al., 1999).

2.3. Western blot for detection of estrogen receptor α

The expression of the estrogen receptor α was determined by Western blot as previously described by Lucas et al. (2008), with the following modifications. The entire hippocampus was minced and homogenized in ice-cold lysis buffer (50 mM Tris-HCl, pH 8.0, 150 mM NaCl, 0.05% sodium deoxycholate, 1% NP-40, 1 mM EDTA, 0.1% SDS, 1 μ g/ml aprotinin, 1 μ g/ml leupeptin, 1 μ g/ml pepstatin A, 1 mM PMSF, Sigma) with an Ultra-Turrax homogenizer. The homogenate was centrifuged at 3000 \times g for 30 min at 4 °C. Aliquots of the supernatant (50 μ g protein/lane) were incubated with sample buffer containing 10% β -mercaptoethanol and subjected to 7.5% sodium dodecyl sulphate polyacrylamide gel electrophoresis (SDS-PAGE). Proteins were electrotransferred onto nitrocellulose membranes (0.45 μ m pore size, Hybond ECL, Amersham Biosciences, Freiburg, Germany), 1 h, 100 V at 4 °C. Membranes were blocked in phosphate-buffered saline (PBS, 0.14 mM NaCl, 80 mM Na₂HPO₄, 140 mM Na₂HPO₄·H₂O, pH 8.0) containing 0.2% Tween 20, 10% glycerol and 5% nonfat dry milk, for 1 h at room temperature. Estrogen receptor α was detected by probing membranes with rabbit anti-estrogen receptor α antibody (MC-20, sc 542, Santa Cruz Biotechnology, CA, USA) diluted 1:200 in blocking solution, for 3 h at 4 °C. Membranes were washed in TBS (20 mM Tris, 500 mM NaCl, pH 7.5) (TBS) and the antigens bound to primary antibodies were detected with the horseradish peroxidase (HRP)-conjugated anti-IgG secondary antibodies (goat anti-rabbit, 1:20,000, Pierce Biotechnology, IL, USA) for 1 h at room temperature. Thereafter, the membranes were washed

with TBS-T and immunoreactive bands were visualized onto pre-flashed Biomax XAR film (Eastman Kodak Co., NY, USA) by enhanced chemiluminescence reagent (Luminol, PerkinElmer, MA, USA). β -actin levels were monitored on the same blot to ensure equal protein loading, using anti- β -actin antibody (1:1000, Sigma) for 2 h at room temperature. In negative controls, primary antibodies were preadsorbed with the respective peptide immunogen and processed as described above. Apparent molecular weights of protein bands were determined from molecular weight standards (Prestained protein marker, low range 14–90 kDa, Bio-Rad Laboratories, CA, USA).

Band intensities of estrogen receptor α and β -actin from individual experiments were quantified by densitometric analysis of linear-range autoradiograms using Epson Expression 1680 scanner (Epson America Inc., CA, USA) and Quick Scan 2000 WIN software (Helena Laboratories, TX, USA). Results were normalized to the β -actin expression in each experiment and plotted (mean \pm S.E.M.) as % of control (rats in proestrus).

2.4. Plus-maze discriminative avoidance task

Plus-maze discriminative avoidance task was determined as previously described by Silva et al. (1997). Briefly, twelve rats obtained from each experimental group were submitted to the discriminative avoidance conditioning, which was performed in a modified elevated plus-maze, made of wood, containing two open arms (50 \times 15 cm) opposite to two enclosed arms (50 \times 15 \times 40 cm). A 100 W lamp was placed exactly over the middle of one of the enclosed arms (aversive enclosed arm). The floor of this arm was covered with black rubber. Each animal was placed into the center of the apparatus and, over a period of 10 min, every time the animal entered the enclosed arm containing the lamp, an aversive situation was produced until the animal left the arm. The aversive stimuli were the 100 W light and a frontal hot air blow produced by a 700 W hair drier placed above the end of the aversive enclosed arm. On each side of the plus-maze discriminative avoidance apparatus, there were different extramaze visual cues (door, window, cupboard and observer) that rats could use to distinguish the location of the different arms of the maze. Test was performed 1 day after conditioning. In this test, the animals were again placed in the apparatus for 3 min without receiving the aversive stimulation. The time spent in the aversive and in the non-aversive enclosed arms, as well as the time spent in the open arms was scored during the training and testing sessions. In this new discriminative avoidance test, learning/memory was evaluated by the time spent in the aversive vs non-aversive enclosed arms, and anxiety was evaluated by the percent of time spent in the open arms of the apparatus.

2.5. Statistical analysis

Data were expressed as mean \pm S.E.M. Data were analyzed by ANOVA followed by Newman-Keuls test for multiple comparisons or by Duncan's test in the plus-maze discriminative avoidance task (Snedecor and Cochran, 1980). *P* values < 0.05 were accepted as significant.

3. Results

3.1. Specific binding of [3 H]QNB to hippocampal membranes and solubilized receptors

Ovariectomy for 15 days increased the specific binding of [3 H]QNB to hippocampal membranes by 2-fold, compared to rats in proestrus (control) (*P* < 0.05). 17 β -estradiol replacement starting 2 weeks after ovariectomy did not affect the increase in [3 H]QNB binding observed after ovariectomy (*P* > 0.05). However, immediate replacement with 17 β -estradiol throughout the post-ovariectomy period prevented the

effect of ovariectomy on [^3H]QNB binding ($P < 0.05$) (Fig. 1A). A similar profile of [^3H]QNB binding was obtained using solubilized receptors from the hippocampal membranes (Fig. 1B).

3.2. Effects of 17 β -estradiol on the expression of muscarinic acetylcholine receptor subtypes

The immunoprecipitation with specific antibodies allowed to estimate the relative amounts of each muscarinic acetylcholine receptor (M_1 to M_5) in the hippocampus of rats in proestrus (control), rats ovariectomized for 15 days, rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days, and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (Table 1). The uterus was used as a negative control for M_1 receptors, and heart, submandibular gland and striatum were used as positive controls for M_2 , M_3 and M_4 receptors, respectively. These results confirmed that the M_1 muscarinic acetylcholine receptor is not the only subtype present in the hippocampus, but it largely predominates over the other muscarinic acetylcholine receptors in the hippocampus obtained from rats in proestrus (control). A similar amount of precipitated muscarinic acetylcholine receptors was also obtained in the hippocampus from rats ovariectomized for 15 days, rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (Table 1).

The quantification of each muscarinic acetylcholine receptor subtype in the hippocampus from all experimental groups is shown in Table 2. Ovariectomy for 15 days induced an increase in the expression of all muscarinic acetylcholine receptor subtypes (M_1 to M_5) compared to control ($P < 0.05$). 17 β -estradiol replacement during the final week of a 3 week period of ovariectomy did not affect the effects of ovariectomy ($P > 0.05$). On the other hand replacement with

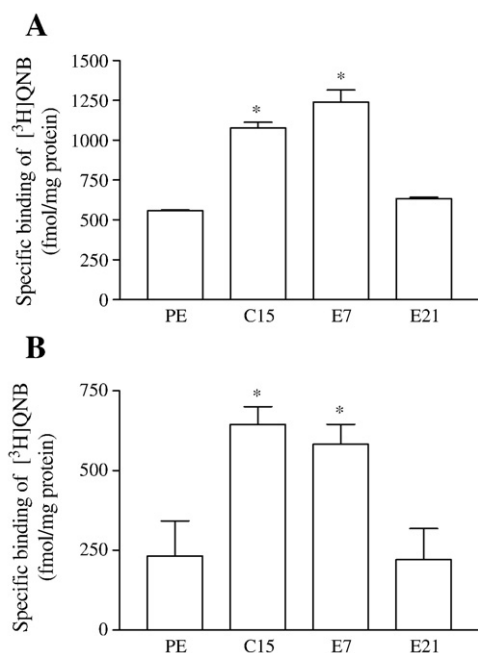


Fig. 1. Effects of ovariectomy and 17 β -estradiol on expression of muscarinic acetylcholine receptors in rat hippocampus. Specific binding of [^3H]QNB in hippocampus membrane (A) and solubilized receptor (B) obtained from rats in proestrus (PE), rats ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7), and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21). Hippocampus membranes and solubilized receptor were incubated with 2 nM [^3H]QNB in the absence (total binding) and presence (nonspecific binding) of 1 μM atropine. The specific binding was calculated as the difference between the total and nonspecific binding. Values are expressed as mean \pm S.E.M. of 5 experiments performed in duplicate. * $P < 0.05$ vs PE or E21 groups.

Table 1

Proportion of precipitated muscarinic acetylcholine receptor subtypes in hippocampus obtained from rats in proestrus (PE), rats ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7) and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21). Data are mean \pm S.E.M. of number of experiments in parenthesis, performed in duplicate.

	PE	C15	E7	E21
M_1	61.16 \pm 5.75	62.25 \pm 3.22	60.40 \pm 0.93	54.90 \pm 2.83
(%)	(6)	(4)	(5)	(7)
M_2	23.83 \pm 1.70	18.66 \pm 2.18	23.50 \pm 3.61	24.50 \pm 3.50
(%)	(6)	(6)	(4)	(3)
M_3	8.48 \pm 0.95	6.90 \pm 1.00	7.50 \pm 0.93	8.30 \pm 0.26
(%)	(5)	(6)	(5)	(4)
M_4	6.06 \pm 1.01	6.67 \pm 0.48	7.76 \pm 0.30	5.33 \pm 0.43
(%)	(5)	(4)	(5)	(6)
M_5	0.58 \pm 0.02	0.47 \pm 0.04	0.48 \pm 0.03	0.57 \pm 0.02
(%)	(3)	(3)	(3)	(3)
Uterus	0.75 \pm 0.10	1.05 \pm 0.35	0.58 \pm 0.20	0.76 \pm 0.15
(%)	(3)	(3)	(3)	(3)
Heart	89.30 \pm 3.37	87.00 \pm 5.00	85.00 \pm 2.00	83.00 \pm 2.00
(%)	(4)	(3)	(3)	(3)
Submandibular gland	78.00 \pm 7.50	65.50 \pm 13.50	73.00 \pm 2.00	76.50 \pm 2.50
(%)	(3)	(3)	(3)	(3)
Striatum	55.75 \pm 10.60	56.56 \pm 9.50	49.00 \pm 3.50	52.55 \pm 6.02
(%)	(4)	(3)	(3)	(3)

No significant difference was detected for each muscarinic acetylcholine receptor subtypes among the different experimental groups (ANOVA; $P > 0.05$). Uterus was used as negative control for M_1 muscarinic acetylcholine receptors and heart, submandibular gland and striatum were used as positive control for M_2 , M_3 and M_4 muscarinic acetylcholine receptors, respectively.

17 β -estradiol throughout the post-ovariectomy period prevented the effect of ovariectomy ($P < 0.05$) (Table 2).

3.3. Effects of 17 β -estradiol on the expression of estrogen receptor α

Ovariectomy for 15 days increased the expression of estrogen receptor α in hippocampus ($81.50 \pm 22.44\%$, $n = 6$, $P < 0.05$) compared to control (rats in proestrus). 17 β -estradiol replacement during the final week of a 3 weeks period of ovariectomy only partially prevented the effect of ovariectomy ($23.75 \pm 9.80\%$, $n = 6$, $P < 0.05$). On the other hand, replacement with 17 β -estradiol throughout the post-ovariectomy period completely prevented the effect of ovariectomy on estrogen receptor α expression ($P < 0.05$) (Fig. 2).

3.4. Effects of 17 β -estradiol on plus-maze discriminative avoidance task

3.4.1. Time spent in the aversive \times non-aversive enclosed arms

In the training session (Fig. 3A), two-way ANOVA revealed significant effects among experimental groups [$F(3,92) = 4.34$; $P < 0.05$] and arm types [$F(1,92) = 2047.60$; $P < 0.001$], and experimental group \times arm type interaction [$F(3,92) = 4.60$; $P < 0.001$]. Indeed, post hoc analysis showed that all experimental groups spent less time in the aversive enclosed arm than in the non-aversive enclosed arm. All experimental groups spent more time in the non-aversive enclosed arm compared to control group (rats in proestrus). In the test session (Fig. 3B), two-way ANOVA revealed a significant effect only between the arm types [$F(1,92) = 60.81$; $P < 0.001$], but not among experimental groups [$F(3,92) = 0.14$; $P > 0.05$] or experimental group \times arm type interaction [$F(3,92) = 0.37$; $P > 0.05$]. Post hoc analysis showed that all experimental groups spent less time in the aversive enclosed arm than in the non-aversive enclosed arm.

3.4.2. Percent of time spent in the open arms

In the training session (Fig. 4A), one-way ANOVA revealed significant differences among experimental groups [$F(3,46) = 4.65$; $P < 0.01$]. Indeed, post hoc analysis showed a significant decrease in the time percentage spent in the open arms by all experimental groups

Table 2

Muscarinic acetylcholine receptor subtypes expression in hippocampus obtained from rats in proestrus (PE), ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7) and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21).

	M ₁ (fmol/mg protein)	M ₂ (fmol/mg protein)	M ₃ (fmol/mg protein)	M ₄ (fmol/mg protein)	M ₅ (fmol/mg protein)
PE	61.00 \pm 4.66 ^a (5)	25.04 \pm 3.00 ^a (5)	11.43 \pm 1.52 ^a (5)	6.70 \pm 0.72 ^a (5)	0.58 \pm 0.08 ^a (3)
C15	174.03 \pm 9.74 ^b (4)	54.32 \pm 1.63 ^b (5)	21.06 \pm 1.15 ^b (5)	17.45 \pm 0.42 ^b (5)	1.53 \pm 0.11 ^b (3)
E7	180.01 \pm 6.92 ^b (5)	69.92 \pm 3.10 ^c (5)	19.26 \pm 0.95 ^b (5)	21.84 \pm 0.50 ^c (5)	1.35 \pm 0.05 ^b (3)
E21	84.47 \pm 1.07 ^a (7)	35.73 \pm 3.53 ^a (5)	14.81 \pm 1.03 ^a (4)	7.34 \pm 0.75 ^a (5)	0.83 \pm 0.03 ^a (3)

Data are mean \pm S.E.M. of number of experiments in parenthesis, performed in duplicate.

Different letters indicate significant differences among values obtained for different experimental groups ($P < 0.05$, Newman–Keuls test).

compared to control group (rats in proestrus). No significant differences were observed in the test session (Fig. 4B) [$F(3,46) = 1.20$; $P > 0.05$].

3.4.3. Total number of entries

In the training session (Fig. 5A), one-way ANOVA revealed significant differences among experimental groups [$F(3,46) = 4.28$; $P < 0.05$]. Indeed, post hoc analysis revealed that all experimental groups presented a significant decrease in the total number of entries compared to control group (rats in proestrus). In the test session (Fig. 5B), one-way ANOVA revealed significant differences among experimental groups [$F(3,46) = 4.68$; $P < 0.01$]. Indeed, post hoc analysis revealed that all experimental groups presented a significant decrease in the total number of entries compared to control group.

4. Discussion

The results of the present study show that muscarinic acetylcholine receptor subtypes and estrogen receptor α are regulated by 17 β -estradiol. A critical period to start estrogen replacement after hormonal deprivation is important to regulate the expression and consequently the function of these receptors. Further experimental approaches will be important to clarify whether the duration of 17 β -estradiol treatment is also important for this regulation.

Gonadal steroids may play an important role on cholinergic neurotransmission in the basal forebrain at pre- and post-synaptic levels (Toran-Allerand et al., 1992; Gibbs, 1996; Daniel et al., 2006; Towart et al., 2003; Milner et al., 2005). The neurobiological mechanisms underlying these effects are currently unknown, but most likely involve effects of estrogen on the survival, connectivity and function of specific neural systems in the hippocampus. Previous studies from our laboratory showed that muscarinic acetylcholine receptors are upregulated in the hippocampus after ovariectomy (15 days), compared to rats in proestrus. This effect is abolished when

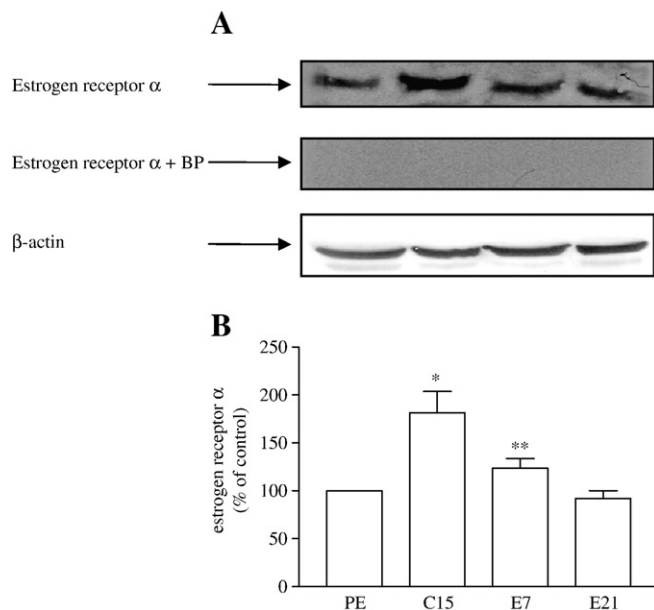


Fig. 2. Effects of ovariectomy and 17 β -estradiol replacement on estrogen receptor α expression in rat hippocampus. Total protein extracts (50 μ g protein/lane) obtained from hippocampus of rats in proestrus (PE), rats ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7), and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21) were subjected to 10% SDS-PAGE. A. Western blot using the anti-estrogen receptor α revealed specific bands (top panel). Negative controls were performed using the primary antibody preadsorbed with the respective blocking peptide (BP) (middle panel). β -actin levels were monitored on the same blot to ensure equal protein loading (bottom panel). The relative positions of estrogen receptor α and β -actin proteins were determined from molecular weight standards. The data shown are representative of at least 6 independent experiments. B. The bars represent the densitometric analysis of the Western blot. Results were normalized to β -actin expression in each sample and plotted (mean \pm S.E.M.) in relation to control (rat in proestrus, PE = 100%). * $P < 0.05$ vs PE, E7 or E21 groups; ** $P < 0.05$ vs PE, C15 or E21 groups.

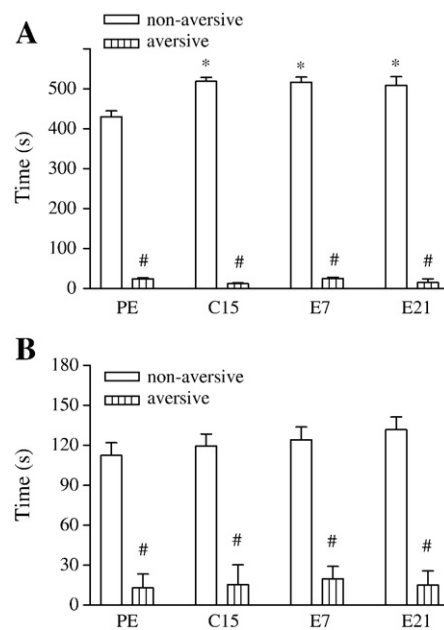


Fig. 3. Effects of ovariectomy and 17 β -estradiol replacement on rats tested in the plus-maze discriminative avoidance task. Time (s) spent in the aversive and non-aversive enclosed arm in the training (A) and test sessions (B) presented by rats in proestrus (PE), rats ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7), and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21). Values are expressed as mean \pm S.E.M. * $P < 0.05$ vs PE group; # $P < 0.05$ vs time spent in non-aversive enclosed arm.

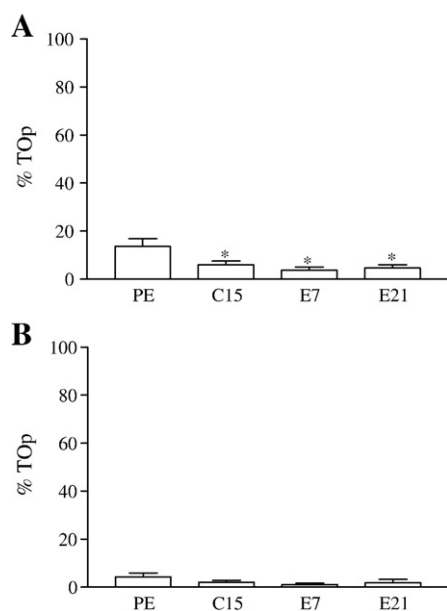


Fig. 4. Effects of ovariectomy and 17 β -estradiol on rats tested in the plus-maze discriminative avoidance task. Percent time spent in the open arms (%TOP) in the training (A) and test sessions (B) presented by rats in proestrus (PE), rats ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7), and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21). Values are expressed as mean \pm S.E.M. * P <0.05 vs PE group.

17 β -estradiol is replaced immediately after ovariectomy, and it is slightly reduced when treatment with 17 β -estradiol begins 7 days after ovariectomy (Cardoso et al., 2004). As shown in the present study, the same results are found either using hippocampus membranes or solubilized receptors.

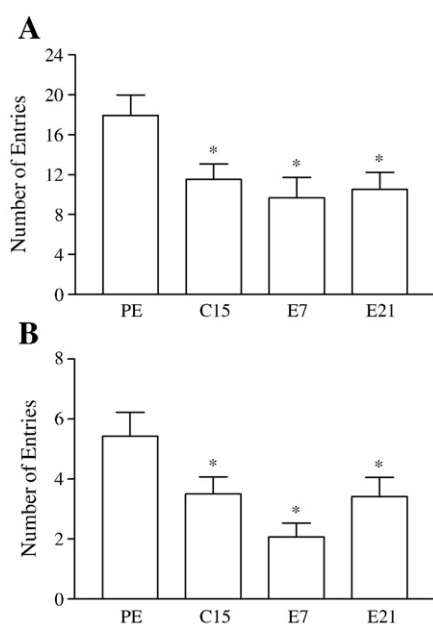


Fig. 5. Effects of ovariectomy and 17 β -estradiol on rats tested in the plus-maze discriminative avoidance task. Number of entries in any arm in the training (A) and test sessions (B) presented by rats in proestrus (PE), rats ovariectomized for 15 days (C15), rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days (E7), and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days (E21). Values are expressed as mean \pm S.E.M. * P <0.05 vs PE group.

Our immunoprecipitation studies confirmed that although hippocampus expresses all muscarinic receptor subtypes, the population of M₁ receptors is predominant. In addition, the amount of M₂ in the hippocampus is higher than the amount of M₃, M₄ and M₅ muscarinic acetylcholine receptors. These results are in accordance with other reports in the literature. In hippocampus of male rats immunoprecipitation studies also indicated a predominance of M₁ subtype (55%) and low expression of M₂ (17%), M₃ (10%) and M₄ (15%) (Levey, 1993). Similarly, binding studies using [³H]methyl-scopolamine showed 69% expression of M₁, 30% of M₂, 17% of M₃, 9% of M₄ and 1% of M₅ receptors in the hippocampus of male rats (Oki et al., 2005). It has been suggested that M₁ receptors in the cerebral cortex and hippocampus may play an important role in higher cognitive processes, such as learning and memory (reviewed in Friedman, 2004). The prevalence of M₁ receptors in the hippocampus reinforces this idea. To validate the immunoprecipitation assay, the uterus obtained from rats in proestrus was used as a negative control for M₁ subtype (Doods et al., 1993; Abdalla et al., 2004). The immunoprecipitation values for M₁ muscarinic acetylcholine receptors (0.75 \pm 0.10%) obtained in the present study are similar to those reported in the literature in membranes of the rabbit uterus (2.50% and 0.70%) (Dörje et al., 1991; Brandes and Ruggieri, 1995). Heart, submandibular gland and striatum obtained from rats in proestrus were used as positive controls for M₂, M₃ and M₄ muscarinic acetylcholine receptor subtypes, respectively (Doods et al., 1993; Levey, 1993). The expression of M₂ in heart (89.30 \pm 3.37%), M₃ in submandibular gland (78.00 \pm 7.50%) and M₄ in striatum (55.75 \pm 10.16%) are similar to those found in the literature for M₂ in rabbit heart (88 and 89%) (Dörje et al., 1991; Brandes and Ruggieri, 1995), M₃ in rabbit submandibular gland (65%) (Dörje et al., 1991) and M₄ muscarinic acetylcholine receptors in rat striatum (46%) (Levey, 1993). In the present study, similar results were obtained in uterus, heart, submandibular gland and striatum obtained from rats ovariectomized for 15 days, rats ovariectomized for 15 days and then treated with 17 β -estradiol for 7 days and rats ovariectomized and immediately treated with 17 β -estradiol for 21 days.

With the development of specific antibodies targeted to specific peptide sequences in each of the five subtypes of muscarinic acetylcholine receptors (Luthin et al., 1988; Levey, 1990; Levey et al., 1991; Wall et al., 1991; Li et al., 1991; Mayanil et al., 1991; Wall et al., 1992) it was possible to immunoprecipitate and determine the expression of these receptors in a number of tissues of several species. This method is often more sensitive than Western blot, providing a valuable tool to evaluate the amount and proportion of muscarinic receptor subtypes in biological samples. Using this method we presently determined that ovariectomy for 15 days induced an upregulation of M₁ to M₅ muscarinic acetylcholine receptor expression compared to rats in proestrus. This effect was abolished when 17 β -estradiol was replaced immediately after ovariectomy. On the other hand, 17 β -estradiol replacement during the final week of a 3 week period of ovariectomy had no effect on M₁, M₃ and M₅ muscarinic acetylcholine receptors expression and upregulated M₂ and M₄ muscarinic acetylcholine receptors. Taken together, these results suggest that a critical period with regard to the initiation of estrogen replacement and/or the duration of exposure to 17 β -estradiol may be important to regulate the expression of muscarinic acetylcholine receptor subtypes. Similarly, El-Bakri et al. (2002) reported that ovariectomy for 10 weeks upregulated M₄ receptor in rat hippocampus. 17 β -estradiol treatment for 10 weeks, starting 2 days after ovariectomy, prevented this effect. Further experimental approaches will be important to clarify the mechanisms involved and the functional significance of the upregulation of M₂ and M₄ muscarinic acetylcholine receptor subtypes. Several mechanisms may contribute to the effects of estrogen on the hippocampus. First, 17 β -estradiol may directly increase muscarinic acetylcholine receptor gene expression in the hippocampus. Alternatively, 17 β -estradiol may indirectly stimulate muscarinic acetylcholine receptors gene expression by increasing the expression of growth factors in hippocampus (Toran-Allerand et al., 1992).

Previous studies have mapped the distributions of estrogen receptors α and β in rat brain. Both subtypes are present in the hippocampus, a region specifically related with cognition (Osterlund et al., 2000a,b; Towart et al., 2003; Milner et al., 2005). Considering that the expression of estrogen receptor α is higher than estrogen receptor β in rat hippocampus (Mitra et al., 2003; Jin et al., 2005), in the present study we determined the effect of 17 β -estradiol on estrogen receptor α expression. Estrogen receptor α was upregulated in the hippocampus after ovariectomy (15 days) compared to rats in proestrus. This effect was abolished when 17 β -estradiol was replaced immediately after ovariectomy, and it was slightly reduced when 17 β -estradiol treatment began 7 days after ovariectomy.

Estrogen receptors are colocalized with muscarinic acetylcholine receptors in cultured hippocampal neurons of the rat (Hosli and Hosli, 1999), and in the present study both receptors were modulated by 17 β -estradiol. Further investigation on the crosstalking between ER α and M $_1$ muscarinic acetylcholine receptor signaling will provide new insight into the hippocampus function and neuronal diseases. The stimulation of both receptors causes hydrolysis of phosphatidylinositol 4,5-bisphosphate (PIP $_2$), producing inositol 1,4,5-trisphosphate (IP $_3$) and diacylglycerol, an action mediated by the enzyme phospholipase C β (Marino et al., 2001; Porter et al., 2002; Nash et al., 2004; Willets et al., 2004). Recent studies have demonstrated that estrogens induce calcium influx via L-type voltage-gated channels in hippocampal neurons and play an important role in synaptic plasticity, neuroprotection, and memory formation (Sarkar et al., 2008). Muscarinic acetylcholine receptors also modulate specific ionic conductances in different cells (reviewed in Lanzafame et al., 2003). Furthermore, both receptors can activate extracellular signal-regulated kinases (reviewed in Lucas et al., 2008; Manavathi and Kumar, 2006; Berkeley and Levey, 2003).

To gain insight into the role of estrogen in cognition, we used the plus-maze discriminative avoidance task, a behavioral paradigm which independently and concomitantly evaluates memory, anxiety and motor activity. In this animal model, the avoidance of the aversive enclosed arm upon testing (evaluated by the comparison between the time spent in the aversive and non-aversive enclosed arms) is considered a measurement of retention, since amnesic manipulations decrease (Silva and Frussa-Filho, 2000; Silva et al., 2002; Calzavara et al., 2004; Patti et al., 2005) and memory-improving treatments increase this parameter (Silva et al., 2002). In addition, as mentioned elsewhere, this behavioral model has been shown to concomitantly evaluate anxiety-related behaviors (Silva and Frussa-Filho, 2000; Silva et al., 2002; Calzavara et al., 2004; Silva et al., 2004) and locomotor activity (Silva et al., 2002; Castro et al., 2005; Carvalho et al., 2006; Kameda et al., 2007).

In the present study, all experimental groups presented a similar pattern of decrease in the time spent in the aversive compared to the non-aversive enclosed arm in the test session, indicating similar levels of memory retention. On the other hand, the expression of muscarinic acetylcholine receptor in the ovariectomized rats was higher than in all experimental groups. The gonadal steroids play an important role in the cholinergic neurotransmission at pre- and post-synaptic levels (Toran-Allerand et al., 1992; Gibbs, 1996; Daniel et al., 2006; Towart et al., 2003; Milner et al., 2005). Thus, we hypothesize that a reduction of estrogen levels would affect survival, connectivity and function of cholinergic systems in the hippocampus, which in turn could reduce the release of acetylcholine and induce a compensatory upregulation of muscarinic acetylcholine receptors in order to avoid possible cognitive impairments. On the other hand, the immediate estrogen replacement for 21 days may prevent the effect of ovariectomy on upregulation of muscarinic acetylcholine receptors and on memory impairment. These results support the idea that estrogen replacement has beneficial effects on cholinergic and cognitive function if initiated within a set period of time.

Although beyond the scope of the present study, an interesting finding was observed concerning the anxiety levels of the animals.

Ovariectomy induced an increase in anxiety-like behavior (revealed by the decrease in the time spent in the open arms of the plus-maze discriminative avoidance task), supporting previous data (de Chaves et al., 2009). This increase in anxiety may have lead to a reduction in the exploratory behavior of the rodents, reflected by the reduction in the number of entries in any of the arms of the apparatus. Similar results have already been described using different behavioral paradigms, such as the open-field (Bouwknicht et al., 2007). In parallel, the increase in anxiety-like behavior induced by ovariectomy may also have increased the reactivity to aversive stimuli, since all ovariectomized animals spent more time in the non-aversive arm of the apparatus. Estrogen replacement did not affect these behavioral alterations. Thus, further studies are required in order to better address the possible mechanisms underlying these processes.

In conclusion, the present results provide evidence that the expression of muscarinic acetylcholine receptor subtypes and estrogen receptor α are regulated by 17 β -estradiol. A critical period with regard to the initiation of estrogen replacement may play a role in this regulation. The understanding of the regulation of the intracellular signaling of M $_1$ muscarinic acetylcholine receptor subtype and estrogen receptor α by estrogen may be helpful to clarify the role of estrogen in the physiological cognitive function and in alterations observed in postmenopausal women and neurodegenerative diseases.

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